

**Here Is The Life Changing Report You Requested!**

## **“The Secret To Beautiful Vein-Free Legs!”**

*Inside this special report you will learn how a simple, 15 minute surgery-free procedure performed by only a handful of doctors is helping area residents eliminate their unsightly varicose and spider veins! Now, you too can have vein-free legs and enjoy the freedom to once again wear whatever your heart desires without having to worry about your legs!*

**Look Inside This Report To Discover...**

- *The Facts About How Spider and Varicose Veins Occur and Why Some Doctors Are Calling Laser Vein Therapy The Most Effective Non-Surgical Methods For Correcting Them!*
- *How This Amazing Breakthroughs In Non-Surgical Spider and Varicose Vein Removal Can Give You Gorgeous Vein-Free Legs At Any Age Without Long Periods of Bed Rest or Lost Time From Work!*
- *Answers To The Most Common Questions Regarding Spider Veins And Laser Vein Therapy!*
- *The 5 Must Know Things You Can Do To Promote Good Leg Vein Health and Help Slow the Development of New Leg Veins!*
- *How To Choose Your Doctor...Learn the 3 Criteria For a Successful Doctor Patient Relationship. Don't Even Think About Hiring a Doctor For Laser Vein Therapy Without Knowing These Criteria!*

*And More...*

**Keep Reading To Learn  
How You Can Now Have Great Looking Legs At Any Age!**

Dear Friend:

Picture this for a moment.

*It's a beautiful summer morning, but you're lying in bed praying for rain, dreading the sound of the alarm clock. Why is that? Well, today is the day of your annual corporate picnic outing. You quickly remember how self-conscious you were last year wearing a pair of pants to cover up your unattractive spider and varicose veins.*

*As you get ready for your day you think about your wardrobe choices. "Pants or shorts?" This is the question you toss around in your head. As you overhear in the background the weatherman announce today's record high temperature, you quickly come to the conclusion that this time around wearing a pair of pants is definitely not an option.*

*You proceed to put on a pair of summer shorts and remember in sheer horror how embarrassed you were the last time you wore those shorts out with your family. Who could forget when you over heard that little boy innocently say to his mother, "Mommy, why does that lady have all those funny lines on her legs?"*

*Frustrated, as you put on your best "sore throat" voice and dial the phone to cancel yet another summer outing, you say to yourself, "I can't keep living like this! There has to be a way to get rid of these embarrassing spider and varicose veins!"*

Does this sound familiar?

Are you tired of trying to hide your unsightly varicose veins or unattractive spider veins under a long dress or pants?

Do you avoid wearing shorts or a bathing suit because of how they make you feel?

Are you like millions of women today who avoid the latest styles of sexy clothes because of the appearance of their legs?

If you answered yes to any of these questions you're not alone. In fact, you share the same frustrations that at least half of the adult female population and nearly 22% of the women in the U.S. alone go through everyday when it comes to their legs.

To make matters worse, our society doesn't make it any easier to cope. I mean, from glamour magazines to TV commercials (remember the jingle for Leggs pantyhose...*"Nothing Beats a Great Pair of Legs"*), everyday is a constant painful reminder that nothing personifies beauty more than a pair of smooth, vein-free legs.

**Well, Now You Can Finally Say Goodbye To Those  
Embarrassing Vein Troubles and Say Hello To Sexier Legs  
Thanks To Laser Vein Therapy!**

## **...Finally, Wear The Clothes You Want, When You Want And Never Miss Another Outing Ever Again!**

That's right; keep reading as I explain how this little miracle can finally help make your dreams come true! Once again you will be able to walk sure and confident in any pair of shorts or skirt.

But before we talk about this amazing treatment, let's first discuss the culprit behind all your frustrations.

### **Varicose Veins Enlarged, Dilated and Unsightly!**

To understand exactly what varicose veins are, we must first understand what normal veins do. This first requires a little anatomy lesson (don't worry, I'll be quick and I promise there won't be any homework or papers to write).

As you may already know the circulatory system is one of the main systems of the body and is made up of the heart and a complex network of blood vessels. These blood vessels are divided into arteries and veins. Arteries bring oxygen filled blood from the heart to every organ and muscle in the body including our arms and legs. Veins are responsible for returning the blood back to the heart and lungs for re-oxygenation, using a one-way valve system.

Here is where the problem lies. You see, vein problems occur when these valves that are responsible for preventing blood from flowing backwards weaken or become incompetent, permitting blood to now flow backwards and pool in the legs. This leads to the veins becoming enlarged or dilated (varicose veins).

Varicose veins are "rope-like" in appearance and affect between 15-25% of all adults. Of all people over the age of 50, approximately 50% are affected by this condition, with women having a higher incidence than men. Varicose veins are frequently accompanied by a tired or achy feeling in the legs and are aggravated by prolonged periods of standing.

### **Spider Veins Smaller But Just As Embarrassing!**

Spider veins (referred to medically as telangiectases) are smaller, thin, red and purple veins that are more superficial and are most common in the thighs, ankles, feet and face. This network of delicate vessels occurs in patches and affect as many as 80% of all women as well as a large percentage of men. Once again, though, women have a higher incidence of occurrence than men.

**Note:** Spider veins and varicose veins are not the same – and one does not lead to the other. Whereas varicose veins are large, swollen and usually occur singularly on the legs, spider veins are smaller and more delicate with a tendency to develop in clusters.

## **So How Do These Vein Conditions Occur Anyway?**

Although many theories as to the cause of these vein problems do exist, no one has determined for certain why some people are affected with spider veins and varicose veins and others are not.

Genetics seems to be the biggest influence over any other factor, with some families being predisposed to these conditions.

Long periods of standing or sitting, as well as trauma to the legs may also contribute to the formation of these veins.

Two things we do know for certain are that these vein conditions can occur at any age, and they *do not* discriminate due to gender. Although women more than men seem to develop these conditions, perhaps as a result of pregnancy (80% of all women develop varicose veins during the first three months of their pregnancy) or because of hormonal changes, there is still a larger percentage of men that is plagued with this condition.

## **Whatever The Cause, One Thing Is For Certain; Once You Have Them They Seem To Just Get Worse Over Time. Creams, Vitamins and Home Remedies Just Don't Work!**

Well, now there is a solution to your problem! Keep reading as I unveil what once and for all could finally be your answer to beautiful vein free legs...

### **Laser Vein Therapy ...The Safe, Non-surgical Secret To Vein-Free Legs**

Laser Vein Therapy is FDA approved the treatment of varicose and spider veins.

Laser Vein Therapy involves the use of a laser to produce a concentrated beam of light that passes through your skin surface and is absorbed in the vein (the skin is unaffected by the laser).

When the vein absorbs the light, it is then converted to heat; this process is comparable to what happens inside a car that has been sitting in the sun. As the sun shines in, the light is absorbed by the interior structures such as the seats, steering wheel and dashboard. The light is then converted to heat, making them hot to the touch. This is similar to what happens in the case of the treated vein.

As the vein is gently heated the walls of the vein collapse and thus blood flow is stopped.

This therapy is performed in a physician's office on an outpatient basis with the large veins being treated first, followed by the smaller veins. A typical therapy session lasts about 15 to 30 minutes, depending on the severity of the condition.

After a few short sessions you will begin to notice that the skin of your legs appears younger, clearer and more healthy-looking as your varicose and spider veins begin to disappear.

In just a matter of weeks, if you're like many of my patients who have been wearing long skirts and slacks to hide their leg veins, you'll now be able to broaden your fashion horizons.

In fact, since this therapy is non-surgical, you won't be left with the scars that result from most surgical procedures and you'll be surprised at the dramatic difference in appearance between a treated leg and an untreated one.

## **Now I'd Like To Answer For You Some of the Common Questions I Get Regarding Laser Vein Therapy...**

### **Q. Who Is The Best Candidate For Laser Vein Therapy?**

**A.** Laser Vein Therapy can successfully treat large and small vein problems with both women and men being a good candidate.

Depending on the condition of your veins, both therapies may be used. The decision as to which therapy will give you the best results will be made after a thorough leg examination.

If you are pregnant or breastfeeding, you may be advised to postpone treatment until you have given birth and have stopped breastfeeding.

Spider veins in men aren't nearly as common as they are in women. However, Laser Vein therapy is just as effective for men who seek treatment as well.

### **Q. Are The Treatments Painful?**

**A.** These treatments are usually not painful and do not require anesthesia. Some patients may experience a slight burning or tingling sensation at the individual laser treatment sites, lasting only a few seconds. For people with extremely sensitive skin, a topical anesthetic can be used over the treatment area before the actual laser treatments are administered.

### **Q. Once My Varicose or Spider Veins Are Gone Where Does The Blood Now Go?**

**A.** Because there are many veins in the leg, after the affected veins are closed the blood that would have flowed through them simply flows through other healthy veins after the procedure. Therefore, the loss of the diseased vein is not a problem for the body.

In fact, Laser Vein Therapy is not only cosmetic "maintenance" but it also improves circulation, with many patients noticing an immediate improvement because the dysfunctional veins are no longer hindering blood flow.

### **Q. Will I Get New Leg Veins and If So What Can I Do To Help Prevent It?**

**A.** Effectively treated veins should not grow back. However, although Laser Vein Therapy will get rid of the noticeable veins, it's important to remember that for some patients, varicose and spider veins are a recurring problem and treatment will not prevent new veins from emerging in other areas in the future.

Therefore, to help prevent the formation of new veins, regular exercise including walking, jogging and bicycle riding has been found to promote healthy circulation and also slows the development of new varicose and spider veins.

Additionally, diet and lifestyle can also compliment exercise. There are other things you can do to promote good leg vein health, including:

- Maintain ideal body weight
- Eat a high fiber diet to prevent constipation
- Elevate your legs at bedtime (about 6 to 12 inches above the heart)
- Explore natural alternatives, such as Massage Therapy and dietary supplements (vitamins C and E, for instance, may help relieve swelling and other symptoms of poor circulation)
- Avoid crossing your legs

Although these measures are the best defense against the spread or development of new vein problems, we cannot alter the causes of your vein problems nor can we avoid heredity or aging. Therefore, as time passes, you may find that you need “touch-ups” for new veins that surface.

**Q. What Can Happen If My Veins Aren’t Treated?**

**A.** Varicose veins generally worsen over time, while spider veins are more cosmetic in nature. Initially, slight pain and restlessness in the diseased leg will be felt. If untreated, this pain can increase, resulting in limitations in walking and cramps during sleeping. Eventually, varicose veins can lead to swollen legs, ulcers on the foot and leg (open sores), blood clots and phlebitis. Therefore, the ideal time for treatment is early so that future complications and possible surgery can be avoided.

**Q. How Many Treatments Are Necessary Before My Legs Are Vein-Free?**

**A.** The number of treatments needed varies greatly from patient to patient and depends on the severity of your condition. On average though, 3-4 visits are usually required. As mentioned earlier, in some cases, Laser Vein Therapy may be performed in conjunction with Sclerotherapy for optimal vein removal.

**Q. Okay, But Will I Be Forced To Miss Time From Work?**

**A.** As mentioned earlier, a typical therapy session lasts about 15 to 30 minutes depending on the severity of your condition. Following a treatment session, most patients immediately return to work and resume normal activities but are asked to wait 24 to 48 hours before participating in jogging or high impact aerobics.

**Q. What Are The Possible Side Effects?**

**A.** Because Laser Vein Therapy is non-invasive, serious medical complications are extremely rare when a qualified practitioner performs the procedure. Some common minor complications of these procedures include temporary bruising, mild itching or tenderness in the treated leg after the treatment.

You can greatly reduce the risks associated with treatment by choosing a doctor who has adequate training in Laser Vein Therapy.

**Q. How Much Does Treatment Cost and Will My Insurance Cover It?**

**A.** Since every condition is different, with some cases being more severe than others, the cost depends on how many treatments are actually necessary for your particular problem.

Unfortunately, many companies considering spider vein treatment as a purely cosmetic procedure and therefore it is not usually covered.

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Well, I hope you found this report informative and educational, and that by reading it I was able to shed some new light on varicose and spider veins and how Laser Vein Therapy can erase them. Well, I think I covered all there is to cover...

Wait a minute; I nearly forgot the most important question of them all.

That is...

**Now That You Know Just About All There Is To Know About Laser Vein Therapy, How Do You Go About Picking The Right Doctor?**

The answer to this question is simple and is based on 3 criteria... First, choose someone who has advanced training in these procedures you are interested in. Second, make sure the doctor you are considering has experience in performing these particular procedures. And last but definitely not least, choose a doctor you feel comfortable with.

So do your research!

You see, like anything in life, whether it is buying a car or shopping for a house, you must do your research. Choosing a doctor for vein therapy is no different! Therefore, you should do your homework and look for someone who has completed advanced training in both forms of treatment and has experience in performing these specialized medical procedures.

## **Allow Me To Introduce Myself**

My name is Dr. Gregory A. Alouf and I am a physician practicing right here at Alouf Aesthetics in Salem Virginia. My office is located at 1618 Apperson Drive, Salem, VA 24153. We are located just down from Salem Valley 8 movie theaters and just across from “Thunder Valley” go cart center. In fact, my office is probably just a short ride from your home.

I am not only licensed to practice medicine and have advanced training in Laser Vein Therapy, but I also have the experience in treating vascular patients with these techniques so that the end results of your non-surgical vein procedure are all that you dreamed of.

You see, in this day and age you need to work with the right professional who is trained and experienced in the area you need help in. That’s why being “familiar” or “knowledgeable” about non-surgical vein removal procedures isn’t even *close* to being good enough. You need someone like myself who *specializes* in performing these techniques and has the results to prove it!

In fact, I’ve helped several people just like you find a better way to make their embarrassing spider and varicose veins disappear!

So, as you can now see, I fit two of the three main criteria for choosing the right doctor. But as I mentioned earlier, advanced training and experience aren’t the only important criteria.

While these are important, you should also choose a doctor who you feel comfortable with, someone who listens to your concerns and is easy to talk with.

## **This Is Why I Would Like To Offer You A No Obligation FREE Consultation!**

*The only catch is that you must respond by the date stamped in red on the insert that came with this report, otherwise we’ll have to wait until we get a cancellation to schedule your appointment!*

That’s right! You can just come in and see if you feel comfortable with me. During this time we can discuss your specific situation in detail and see which therapy is the best option for you. There will be absolutely no obligation and no pressure to go further. If, after the appointment, you believe there is no benefit to working with me, you simply leave and that’s it. No hard feelings.

However, if you do decide to take the next step, I will then discuss with you my treatment plan and how we can proceed from there. You can also speak to my friendly office staff regarding insurance verification and coverage (if applicable) as well as our low, no-interest monthly payment options.

## **Here’s What To Do Now...**

If you're interested in taking me up on my offer and would like to explore your treatment options, pick up the phone now and call my office at **540-375-9070**. Let them know you received my special report on vein therapy and would like to schedule your complimentary consultation.

That's it. We'll take care of everything from there. But don't procrastinate, if you would like to do something about those embarrassing spider veins and varicose veins, make that call now!

I look forward to meeting with you in the not so distant future and maybe I can help you like I've helped many other local residents get their glamorous vein-free legs back!

Unfortunately, we'll never know unless you take the next step. So why not take the time, at my expense, to find out if Laser Vein Treatment is right for you. What have you got to lose?

Either way, I wish you good luck and good health!

Sincerely,

***Gregory A. Alouf, M.D.***

P.S. You must respond by the date stamped in red on the certificate that came with this report, otherwise we'll have to wait until we get a cancellation to schedule your appointment!

P.P.S. If you are not quite ready to use the enclosed free consultation certificate, feel free to give it to a friend or loved one who you feel may benefit from this offer!

*The information provided in this report is meant as a general source of information only and should not be substituted for sound medical advice. If you are considering one of these procedures, you should consult further with a medical professional for complete information on the benefits and risks of all treatments described in this report.*