



ALOUF AESTHETICS

ALOUF AESTHETIC &amp; IMPLANT DENTISTRY

# Dental Update

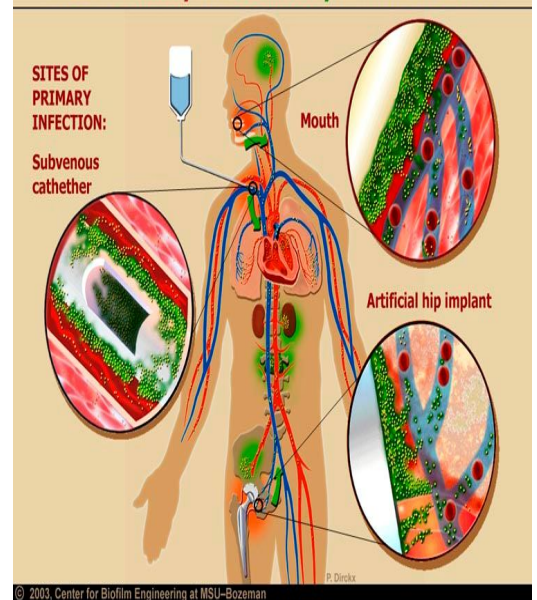
## What is Biofilm?

Hygiene Corner, by Shelly Koon

Have you heard the term Biofilm? Are you hearing about "Biofilm" in television commercials? Google "Biofilm" and you get over 3 million results. Biofilms are a collection of bacteria that form on and coat various surfaces. Biofilms are found wherever there is water and are found in oceans, sewers, water pipes, and, the mouth. The dental plaque that forms on your teeth which causes tooth decay and periodontal disease is a type of biofilm. This dental biofilm contains 500 identified species of bacteria. There are another 500 unidentified species of bacteria in the mouth that cannot be cultured. Biofilm formation is a continuous, repetitive process. Dental biofilm is composed of multiple layers of bacteria. Some of the layers are beneficial, but others are not. As the layers build, the bad bacteria outnumber the good bacteria causing harm to teeth and gums. Daily brushing and flossing disrupts the biofilm process causing it to repeatedly restart, allowing the good bacteria to work and keep the bad bacteria from dominating and causing damage. At your dental hygiene appointments, the hygienist may use an ultrasonic scaler to disrupt the biofilm layer when she cleans your teeth. This instrument uses water and vibration to remove

plaque, tartar, and to disrupt the biofilm layers on your teeth. Hygienists have been warning our patients about dental plaque for ages. Now, we are talking about biofilm and disruption. What do you need to do? The answer is the same, brush, floss daily, and see your dentist on a regular basis. New name, same solution!

### Sites of Primary and Secondary Biofilm Infection



## Dental Implants Your Choice!

### Advantages of Dental Implants Over Dentures or a Bridge



Every way you look at it, dental implants are a better solution to the problem of missing teeth.

- **Esthetic** Dental implants look and feel like your own teeth! Since dental implants integrate into the structure of your bone, they prevent the bone loss and gum recession that often accompany bridgework and dentures. No one will ever know that you have a replacement tooth.
- **Tooth-saving** Dental implants don't sacrifice the quality of your adjacent teeth like a bridge does because neighboring teeth are not altered to support the implant. More of your own teeth are left untouched, a significant long-term benefit to your oral health!
- **Confidence** Dental implants will allow you to once again speak and eat with comfort and confidence! They are secure and offer freedom from the irksome clicks and wobbles of dentures. They'll allow you to say goodbye to worries about misplaced dentures and messy pastes and glues.
- **Reliable** The success rate of dental implants is highly predictable. They are considered an excellent option for tooth replacement.



## October Giving Back in Grundy!

The A-Team traveled to Grundy Virginia this past week-end for another Mission of Mercy Giving Back Project. It was cold, wet, and rainy but the team persevered. Dr. Alouf, Stacy Cornett, Donna Ayers, and Tammy Runion completed 75 dentures and partials to patients in desperate need. The reward.....happy smiles!



Thank you Dr. Alouf & Team! I can smile and eat!



Dr. Alouf & Tammy Smile with a Grundy patient!

### What our patients are saying...

“Well staffed and very well informed about what needs to be done....You should be proud of your staff!” *R. Carlson*

“Dr. Alouf, you have a very kind and professional staff! The manner in which your practice is managed is a model for any service business. I wish I could replicate in my business!”  
*C. Kepley*

“Team Alouf is the best!!!! Every time I visit, it feels like home!!! Keep up the good work!!!” *D. Welch*

“You guys are great! Looking forward to future appointments!”  
*M. Forrest*

“I have finally found a dental “home” as I have an unbelievable fear of the dentist. It was nice to find a dental practice that doesn’t dismiss you as a weenie or sissy. I enjoy the personal touch that everyone has shown me and hands down, you are the best I have come across and would recommend you to anyone who would be interested. Thank you so much as I am finally happy that I will have a smile soon!” *K. Pollock*

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### Insurance End of Year Countdown

We are quickly approaching the end of 2011 and if you have not utilized your dental benefits....what are you waiting for? You pay those premiums all year long, make those dollars work for you! Take care of that overdue cleaning or get that crown we have been nagging you about!

There is still time to preauthorize your treatment and get a response to complete treatment before your benefits run out.

Our schedule is filling up fast. Call us today and take care of your smile!

Ask us about payment plans! We have interest free plans for those who qualify!

**CareCredit®**

### Team Celebrations



**Happy Birthday!**

*Sheri Martin*

*September 8*

*Tammy Runion*

*September 22*

*Tracey Bourassa*

*October 4*

*Marie Price*

*4 years with Alouf!*

